



Pediatric Therapy Services

2009 Therapy Program Descriptions

Summer Day Camp sessions focus on the development of your child's social, motor, sensory, self regulation, and self help skills in a fun-filled half-day camp environment. Camp includes weekly themes, outdoor and indoor cooperative play, motor activities, sensory and water play. Camps are designed and led by our licensed occupational, physical, speech therapists, early childhood educator, and organized according to developmental levels of need.

The Tomatis Method is an intensive, customized therapy program using sound stimulation and audio-vocal work to train and develop auditory and associated sensory-motor skills. The schedule includes three different therapy "loops" completed in our clinical gym, the first of which is 15 days of 2 hour daily sessions. The child participates in two subsequent 8-day loops of 2 hour daily sessions with 3-6 week breaks between each loop. Ongoing assessment, parent education and training are included in the fee structure. More information at <http://www.therabilities.com/Tomatis.htm>

The Interactive Metronome (IM) is a computer-based treatment program designed to promote improved focus and attention; motor planning and timing; physical endurance; and sensory filtering. The IM program provides a structured, goal-oriented process that challenges the child to synchronize body movements to a precise computer-generated reference tone. Computer-generated data allows for ongoing review of client outcomes. This program averages fifteen 60-minute sessions completed 3-4 times each week until therapeutic goals are accomplished. More information at <http://www.therabilities.com/IM.htm>

The Listening Program with Bone Conduction is a home-based auditory stimulation program which delivers psycho-acoustically modified music to train auditory and related sensory-motor skills. The program includes 30 minutes of listening over the course of 10 weeks which will be repeated for an additional 10 weeks of listening for 30 minutes a day. Ongoing consultation is provided to individualize the program over time. More information at <http://www.therabilities.com/TLP.htm>

Sensory Defensiveness, Motor Planning, and Gross Motor/ Agility Training Clinics: These programs provide more intensive therapy options to address a child's sensory defensiveness, motor planning, or motor agility challenges. Sessions are scheduled in close proximity to attain desired intensity and may be individualized or small group, based on therapeutic need and availability. The program includes parent education and training. Sessions are customized and would be scheduled between Mon-Thurs, 75 to 90 minutes per day, for at least two to four weeks of intensity.

Rhythmic Entrainment Intervention (REI) Program™ is a custom-designed home-based auditory program used 20 minutes a day for 10 weeks. The music-based program is designed by a specialist following careful review of parental questionnaire. More information at www.therabilities.com and www.reiinstitute.com

In addition, TherAbilities also continues offering our Friendship Group in the summer. We also offer Fast ForWord, handwriting/keyboarding instruction, and individual therapy.

Please call our office for more information on schedules and pricing.